

Armenian Medical World Congress  
July 3 - 7, 2013  
Loews Hotel, Hollywood, California

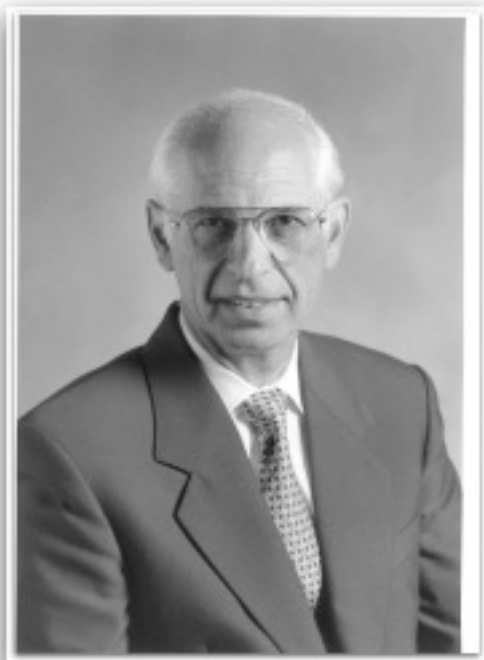
## Renowned Medical Experts to Speak at 11th Armenian Medical World Congress on Global Paradox of Overconsumption and Undernutrition

In the world today, there is an irony between overconsumption in industrialized nations and malnutrition in developing countries. According to the World Health Organization (WHO) 2012 statistics, 12 percent of the population is undernourished, while 12 percent is considered obese.

Undernutrition is a type of malnutrition and is exhibited in two different forms. One is the intake of too few calories or protein, and micronutrient deficiencies, while the other occurs when too many calories are consumed devoid of proper nutritional balance. The second form results in overweight or obesity that can lead to chronic health conditions such as cardiovascular disease, high blood pressure, diabetes, stroke and some cancers.

It is estimated that overconsumption in North America and Western Europe kills more than half a million people each year. Overweight and obesity are now recognized as a major health and economic burden in lower and middle income countries. According to WHO, one in 10 people worldwide have diabetes and one in three are hypertensive. There has also been an increase in obesity among children and adolescents in developing, as well as developed countries. Without continued preventive education and medical research, these figures are predicted to rise and will be the major health care cost worldwide by 2030 and beyond.

In Los Angeles, at the 11th Armenian Medical World Congress hosted by the Armenian American Medical Society, there will be a special symposium on July 6, 2013 featuring distinguished speakers addressing these important global issues.



"The symposium brings together leading investigators in the field of endocrinology, metabolism and nutrition," states Mariam Manoukian, MD, PhD, symposium co-moderator.

John P. Bilezikian, MD, is Chief, Division of Endocrinology and Professor of Medicine and Pharmacology at the College of Physicians and Surgeons at Columbia University. He oversees an active program of clinical investigation in

different metabolic bone diseases, primary hyperparathyroidism, osteoporosis and mechanisms of parathyroid hormone action. Dr. Bilezikian will be discussing "Sugar, Fat and Bone, Exploring New Frontiers."



Silva A. Arslanian, MD, is the Richard L. Day Endowed Chair in Pediatrics at the University of Pittsburgh School of Medicine; Chief, Weight Management and Wellness Center; and Director, Pediatric Clinical and Translational Research Center. Dr. Arslanian has research interests in diabetes mellitus (non-insulin dependent), obesity, minority groups, insulin resistance, hyperinsulinemia, polycystic ovary syndrome, adipose tissue, and energy metabolism. She will be speaking on the "Trials and Tribulations in Treating Childhood Type 2 Diabetes."

Caroline M. Apovian, MD, FACP, FACN, is Professor of Medicine and Pediatrics, Section of Endocrinology, Diabetes, and Nutrition at Boston University School of Medicine. She is also Director of the Center for Nutrition and Weight Management at Boston Medical Center. Her areas of interest include novel medical treatments for obesity, monitoring type 2 diabetes, endothelial cell dysfunction and obesity and cytokine expression of adipose cells after weight loss treatment in humans. Recently, Dr. Apovian was featured on The Dr. Oz Show talking about the benefits of the DASH (Dietary Approaches to Stop Hypertension) Diet. At the symposium, Dr. Apovian will be speaking on "Bridging the Gap in the Management of Obesity: Diet Exercise, Medical and Surgical Approaches."





Richard J. Deckelbaum, MD, CM, FRCP(C), is Professor of Pediatrics, Professor of Epidemiology, and Robert R. Williams Professor of Nutrition at the College of Physicians and Surgeons at Columbia University. He is Director of Columbia's Institute of Human Nutrition. Synergistic to his work in global health, his basic laboratory research focus is to determine regulatory mechanisms, cell cholesterol and triglyceride metabolism, lipid-related gene expression and molecular mechanisms underlying cardiovascular diseases. Dr. Deckelbaum has been a key contributor to planning nutrition research, education, and policy programs in Europe, Asia, the Mideast, and Sub-Saharan Africa, as well as in North America. Dr. Deckelbaum will discuss "Nutrition as a Key

Towards Economic Development: The Case for Armenia."

We are honored to have such high caliber scientists as a part of this Congress," says Vicken Sepilian, MD, FACOG, President of the Armenian American Medical Society and Chairman of the 11th Armenian Medical World Congress. "By sharing their knowledge of these critical issues facing healthcare professionals, important discussions will be generated in this forum."

For more information and to register for the 11th Armenian Medical World Congress, please visit our website at [www.aamsc.com/congress](http://www.aamsc.com/congress).